



Awareness Level 1: Intro to Selective Attention Matrix

In this level teens will be introduced to SAM — the Selective Attention Matrix. As you become familiar with using the BAC Zones of SAM you will be able to use many classroom activities giving the teens practice in learning how to visualize the matrix.

All of the activities that you are viewing would be in the Teen's eCoach. This note, and others in this sample, would be included in your "Driver Wellness Notebook." In the Notebook will be many classroom and in-car activities aimed towards helping your teens achieve successful in-car habit development.

AL1-1. H0503 – [Intro to Practice use of Matrix](#)

AL1-2. [G0051 - Intro to Zone Control](#)

AL1-3. G0052 - [Play the "Slow" or "Go" Game](#)

After the teen has spent time as a Co-Driver, usually a minimum of one week, you have them take the eCoach quiz online. You will be granted teacher privileges, which allows you to view your teens grades and activities they performed. **The following are samples of SAM from Levels 2, 3, and 5.**

AL2-1. [CH04-803 - SelAtt Matrix Game - 1](#)

On the third level of Awareness, this would be one of the SAM learning activities.

AL3-3. [CH00-071 - Matrix Game 2](#)

This is one of the fifth level of Awareness activities.

[AL 5-4. G16-31 - Reading Traffic Flow - Matrix](#)

Print Cue Cards and try using SAM for your own awareness, especially if you do so as a Co-driver.