This is a Sample of 30 of the 60 Evaluations



There are three levels — Bronze, Silver, and Gold — of performance to be evaluated. The Bronze Level evaluations are performed to evaluate the habits that a teen as a Co-Driver developed — before driving. The Silver Level evaluations take place only in a parking lot by teens or adult drivers. The Gold Level evaluations take place on the road in all types of environments by teens and by licensed adult drivers.

A parent can require a teen to successfully perform the Bronze evaluations as Pre-Driver Ed preparation.

Test yourself on the performance of these evaluations!





Being Courteous — A Gift to YOURSELF

- **1.** How is looking for opportunity to be courteous a gift to Yourself?
- **2.** How is finding a hole in traffic as a pedestrian attempting to cross a road an act of being courteous?
- **3.** How is making a 45° search beyond an LOS Blockage before crossing a street an action of courtesy?



A Driver Wellness Coach would ask the teen to reply to these questions and situations. Then, after each question the Coach would read the response that you will find on the top of the next slide. Go through these situations and see what type of rating you would give yourself. The Driving MIND App uses these four levels of evaluation.

4=Correct without Hesitation 3=Correct Hesitated 2=Okay with Coaching 1=More Practice Needed

4 3 2 I

Responses for 1:

1. By looking to be courteous it gets your mind engaged in seeing details of the traffic scene, which makes it easy to detect a roadway user who may be ready to enter your POT. **2.** It prevents the oncoming driver from having to apply the brake in response to your movement. **3.** When you make the 45° search your mind is engaged. You don't step into other's path.

3 Driving MIND Bronze Level

LOS-POTs - 90° and 45° Searches

You're a pedestrian getting ready to cross the street at this intersection.

- **1.** What does the Zone Control Language call this truck?
- **2.** In addition to making a 90° search for vehicles and bicycles before stepping beyond this truck, where else should you search and what are you searching for?
- **3.** Where is a 90° Search? Which search is shown here?



Responses for 3:

1. This truck is an **LOS-POT Blockage. 2.** A search to the rear for vehicles making left turns into your path and search ahead for vehicle making a right turn into the street. **3.** A 90° Search is the the target area. A 45° Search is shown in the photo.

6 Driving MIND Evaluations Bronze Level

Locate Gaps, Holes, Clusters of Traffic Flows

- **1.** What type of space separation is shown in photos A and B?
- **2.** How do you learn to make accurate judgement of the size of separation space?
- **3.** Why do you want to time how many seconds it takes you to cross a road?





Responses for 6:

- 1. Photo A shows a **Gap** between the next two vehicles. Photo B show a Hole in the traffic flow.
- **2** a. First find a marker to use. b. Take a guess of the space between two vehicles. c. When the back of the first vehicle passes the marker begin counting by 1000's. d. Stop counting when the front of the second vehicle reaches the marker.
- **3.** To be aware of the size of the hole needed to safely cross the street.

8 Driving MIND Bronze Level

Approaching Vehicle - Safety Belts

- 1. What should you check while approaching the vehicle?
- **2.** Explain at least three advantages for using safety belts. (Think of the advantages before reading the listing below.)
- 3. What would you do if a passenger doesn't buckle-up?

2. Advantages for Using Safety Belts

- Keeps you in control of the vehicle.
- Satisfaction in knowing you care about protecting your occupants.
- If a crash does occur, survival rate for all more than doubles.
- Belts on reduces the impact of the brain crashing into the skull.
- With belts on you reduce the crash forces that take place.
- If a crash does occur, occupants are not thrown into the crash.



Responses for 8:

- 1. Check the path the tires will travel over to make certain it is clear.
- **3.** Ask the passenger to buckle the belt before starting the engine.

9 **Driving MIND**Bronze Level Detect/Correct Drowsiness

You're traveling on a secondary State highway. You are feeling tired.

- **1.** What are some of the signs to tell you are becoming a drowsy driver? (Think of the signs before reading the response.)
- **2.** What actions should you take after discovering your drowsy condition?

Response 1

How To Tell If You Are Sleepy

- Your eyes close by themselves.
- You have trouble keeping your head up.
- You can't stop yawning.
- You drift between lanes.
- You keep jerking the car back into the lane.
- You drift off the road.
- There is resistance to moving your eyes for mirror checks.

Responses for 9:

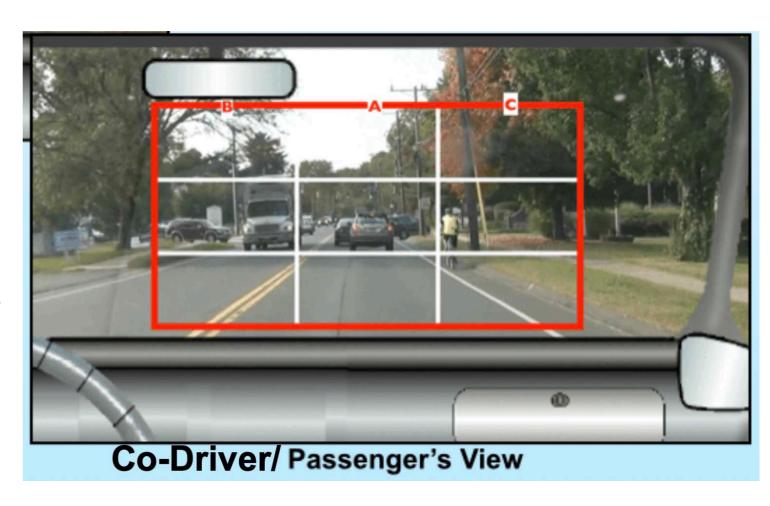
- Search to Target Area, then evaluate the 15 and 4-second ranges.
- Consciously search intersections deep to the left, front, and right.
- Check your rear zone more frequently.
 When your eyes resist movement there is only one choice...
- Stop in a safe area, lock the doors and relax for 15 minutes.

10 Driving MIND Bronze Level

SAM - Evaluate A, B, C Zones

You're the Co-Driver

- **1.** Name each of the three Zones and their conditions. State if they are **stable or unstable**.
- **2.** What actions would you take if your were the driver?
- **3**. What should your fringe or peripheral vision monitor?



Responses for 10:

1. The **A-Future Zone** is closed by the vehicle braking ahead. The **C-Present Zone** is Closed and Unstable by the Bicyclist. The **B-Present Zone** is Closed and Stable by the oncoming truck. **2.** A braking action is required. **3.** Fringe vision should monitor the bicyclist to detect if there is any movement out of the lane.

12 Driving MIND Bronze Level Evaluate Separation Space in Seconds

- **1.** What do you need to do in order to acquire the 4-Second Separation HABIT?
- **2.** What's the best way to acquire the ability to instantly judge the separation space?
- **3.** Why is learning how to control the Rear Zone of importance to controlling the Front Zone?



If you
were to wake up
tomorrow
morning with one
of these habits,
which one would
you want?

It's YOUR

"Good habits are cultivated, bad habits are caught by chance."

Choice!

Buffer

Habit 9: 4-Seconds Separation to Control YOUR Buffer

Frederik R. Mottola

Responses for 12:

1. You need to have the willingness to practice until the habit forms. 2. When you see the vehicle ahead you need to first take a guess for how many seconds of space you have, then count it off until the marker is reached. 3. You will always have drivers to the rear wanting to use up your separation space. Knowing the type of tailgater gives you knowledge to be in control.

13 Driving MIND Bronze

Go or Slow Speed Control

You're traveling at 30 mph.

- **1.** Which speed control option should you take at this moment?
- **2.** Is the vehicle ahead a stable or unstable critical second? Why?
- 3. What LP is the car ahead in?
- **4**. Why do you think it is in that LP?



Responses for 13:

1. Cover the brake or Apply the brake is needed. 2. This is an unstable critical second because the vehicle is braking. 3. Car is in LP3. 4. The driver intends to make a right turn.

14 Driving MIND Evaluations

Central and Fringe Vision

You're traveling at 30 mph.

- **1.** Is the car on or off target?
- **2.** Show where central and fringe vision should be focused?
- **3**. What steering should take place?



Responses for 14:

1. Off Target **2.** Central vision projected to the target area. Fringe vision sees the steering wheel in relation to the target. **3.** Steering is to the left towards the target.



17 Driving MIND Bronze Level

Using SAM to Avoid Head-on Crashes

You're on a two-lane roadway when you detected an oncoming car that moved from LP1 to LP2.

- 1. Is that a stable or unstable critical second?
- **2.** What actions should you take to prevent a head-on crash if that vehicle drifted over the yellow line?
- **3.** What is a Zigzagger and what is the major error drivers make that results in zigzagging?



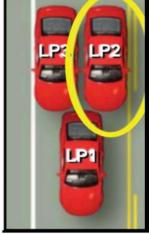
Find "Slow" or "Go"
Conditions and LP's of Vehicles

Four things to Search the A Zone for.



- 2. Look for Go conditions.
- Look for the LP of vehicles. ahead as well as oncoming.





4. Search A Zone for a **car tailgating** a vehicle making a right turn, **who may zigzag** into your path.



- . Reduce your speed.
- 2. Find Escape Path Take LP5.
- 3. Flash high beam headlights.
- 4. Blow your horn.

Habit 4: Find Zigzaggers and Vehicles in LP2

Responses for 17:

1. It's an unstable critical second. **3.** A Zigzagger is a driver that zigs around a vehicle making a turn. Drivers tailgating, and not braking to open up space.

Reduce your speed.

2. Find Escape Path - Take LP5.

3. Flash high beam headlights.

4. Blow your horn.

18 Driving MIND Evaluations

Lane Departures and Rollovers

You experienced a Lane Departure as your car drifted off road while traveling at 50 mph on this Vermont highway.

- **1.** Point to where central vision and steering should be directed during this critical second.
- **2.** Should you Brake? If so, explain how and when to brake?



Responses for 18:

- 1. Central Vision and steering is directed to a target downslope, as shown in this image.
- 2. No Brake until the vehicle is downslope in control. Then, a light braking to reduce speed to 5 mph to get onto the road.



19 **Driving MIND** Bronze Level

Making 45° and 90° Searches

- 1. What type of stop is shown here?
- **2**. You're in position to make a 45° search, what are you searching for?
- 3. Point to where in the photo the front of your vehicle will be positioned when you are making a safety stop. What type of search are you able to make?
- **4**. How far do you search when making a 90° search?



Responses for 19:

1. Staggered Stop. 2. Looking for vehicles turning into the street. Looking for pedestrians, bicyclists, scooters crossing the road. 3. The front of the vehicle will be even with the curb line. Make 90° search. 4. Search deep to the target area.

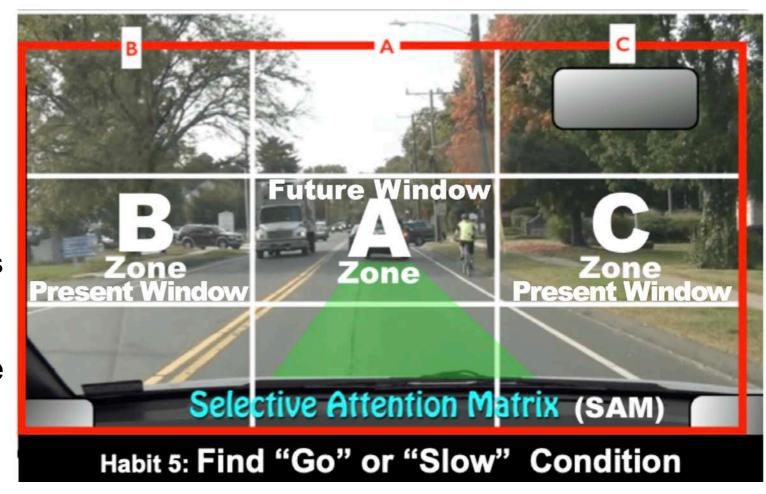
21 Driving MINDEvaluations

Bronze Level

Evaluate Path-Of-Travel (POT) Open/Closed

You're practicing using SAM.

- 1. What does SAM represent?
- **2.** What are the three forward Zones or Windows and where are they located?
- **3.** What are some of the conditions you are searching the A Future Zone for? In addition to looking for vehicles in LP2, what are two other conditions you are searching the A Zone for?



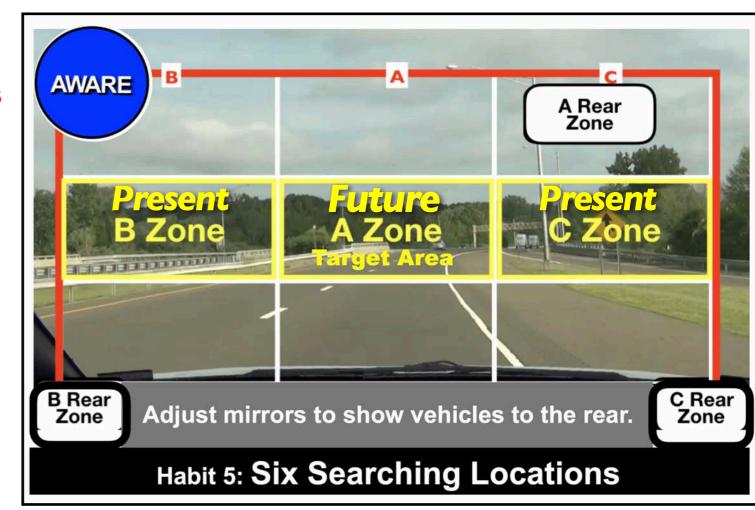
Responses for 21:

1. Selective Attention Matrix. 2. The A Future Zone is to the Target Area. The B Present Zone is the lane to the driver's side. The C Present Zone is the lane to the passenger side. **3.** Look for open or closed zones • Look for go or slow conditions • Look for unstable critical seconds • Look for vehicles moving into LP2

22 Driving MINDEvaluations

Control Rear Zone - Three types of Tailgaters

- **1.** What are the Six Searching Locations?
- **2.** How should the outside mirrors be adjusted?
- **3.** What are the three Rear Zone Conditions?
- **4.** What are the three types of tailgaters?
- **5.** What are the characteristics of each tailgater?



Responses for 22:

1. A Future Zone, B and C Present Zones, A Rear Zone, B and C Rear Zones. 2. See a slight amount of the side of the vehicle and be able to see a vehicle directly to the rear. 3. Open, Closed, Unstable rear zones. 4. Charger, One-pacer, Habitual tailgater. 5. A "Charger" approaches very fast and aggressively. A "One-pacer" travels at a set speed. A "Habitual" will tailgate close to you regardless of whether you speed up or slow down.



Bronze Level

Stop to See Tires - Avoid False Starts



1. Explain at least three advantages for having the "Stop to See Tires" habit. (*Think of your response before reading below.*)

Response 1.

- Gives you independence from others' actions.
- Gives you an escape path.
- Prevents being boxed in.
- Prevents stress.
- Puts you in control.
- Helps prevent robbery, carjacking, kidnapping.
- Eliminate or reduce rear-end crashes.
- Reduce severity of whiplash injury.
- In bumper-to-bumper traffic reduces distraction errors.
- Reduce intake of exhaust fumes.
- During slippery conditions, slide into empty space.

How do you Rate Yourself?

Question and Response for 23:

- **Q2.** How do you avoid a false start? (Think before reading ahead.)
- 2. Make certain the vehicle ahead has a clear path when it begins to move before putting my vehicle in motion.

27 Driving MINDEvaluations

Bronze Level

Precision Turns - Crossing Traffic Flows

- **1.** Explain and demonstrate how each action is performed when making a left turn into a traffic flow:
 - A. Where is the side position and reference point?
 - B. Where is the Forward Reference Point, Where is the Tpeg?
- **2.** What are the three conditions of the rear zone?
- 3. What is a Cluster, Gap, and Hole of a traffic flow?
- **4.** Be able to demonstrate each of the behaviors shown to the right.

Co-Drivers Turns - Crossing Traffic

Before Turning

- 1. Use of Signals
- 2. Mirror Blind Spot Check
- 3. Side Position Reference Point
- 4. Speed Control Brake
- 5. Smooth Legal Stop
- 6. Forward Position Reference Pt
- 7. Select Target
- 8. Search L-F-R for Gap or Hole

During Turn Entering Traffic Flow

- 1. Avoid Hesitation
- 2. Look Into Turns, Target
- 3. Speed and Steering Control
- 4. Accelerate at Transition Peg
- 5. Controlled On Target Accuracy

After Entering Traffic Flow

- 1. Precision Turn Results
- 2. Re-evaluate Rear Zone

Responses for 27:

1A. It's in LP2. Reference point is one foot in from the left side. **1B.** Driver's body even with curb line. Corner post aligned to target. **2.** "Open, Closed, Unstable." **3.** Cluster is a grouping of vehicle together. A Gap is the space between two vehicles in the Cluster. A Hole is space between two Clusters.

28 Driving MIND Evaluations

Bronze Level

Precision Lane Change



1. Pretend you are the driver getting ready to make a lane change to the left lane.

1-9 actions for making a precision lane change. Begin with explaining number 1. Why change lanes?

Co-Driver Precision Lane Change

- 1. Why Change?
- 2. Check Other Lanes
- 3. Mirror Checks
- 4. Signal For Communication
- 5. Move To LP 2 or LP 3
- 6. Check Blind Spot
- 7. Time Arrival Open Side Zones
- 8. Increase Speed If Needed
- 9. Enter LP 2 or LP 3
- 10. Release Signal Light Lever
- 11. Mirror Check
- 12. Best Lane Position

Responses 28:

- 1. Consider what's to gain.
- **2.** To detect other vehicle that may be there.
- **3.** To see what conditions you have to the rear.
- **4.** The signal light is like asking for courtesy.
- **5.** LP2 for left lane change. LP3 for right change.
- **6.** Check outside mirror by moving head away from mirror.
- **7/8.** Adjust speed to time an opening to enter.
- **9.** LP2 or LP3 provides others with an escape path.

How do you Rate Yourself?



Courtesy and Communication Options

- 1. What's the meaning of "It's a 3-Way Street?"
- 2. a. What search should you make at this "Critical Second?" b. What are you looking for? c. How can you be courteous?
- **3.** Which is safer for driving the bike, the left lane or the right lane, why?
- **4.** What does the turned tire of the vehicle in the left lane communicate?



Responses for 29:

1. It's a reminder that all must share the roadway. **2. a.** 45° search. **b.** See if the tires are turned towards the street. Check the mirror for movement. Search to the front of truck. **c.** Making a 45° search can find others to be courteous to and prevent a potential crash. **3.** The right lane is safer because you can see the driver in the mirrors. In the left lane you may have young passengers without awareness exiting. **4.** The front of the vehicle may swing into your path.

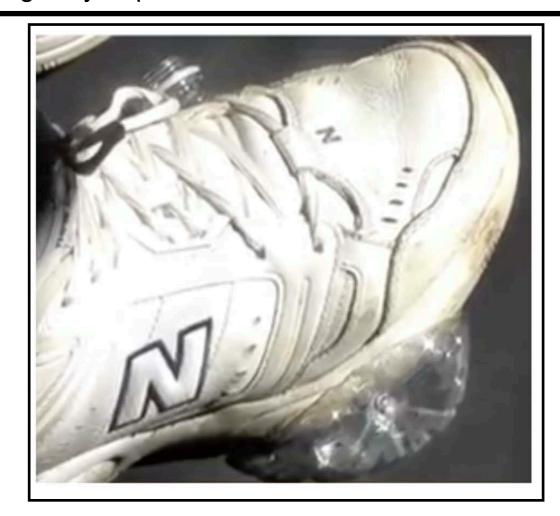
33 Driving MIND Evaluations

Silver Level

Smooth Acceleration and Stops

You're practicing using a water bottle.

- 1. How are you to use the bottle?
- **2.** How are the skills developed by using the bottle applied to performance when behind the wheel?
- 3. Where should you be looking while you are practicing?
- **4.** What process should you use to make smooth acceleration from a stopped position?



Responses for 33:

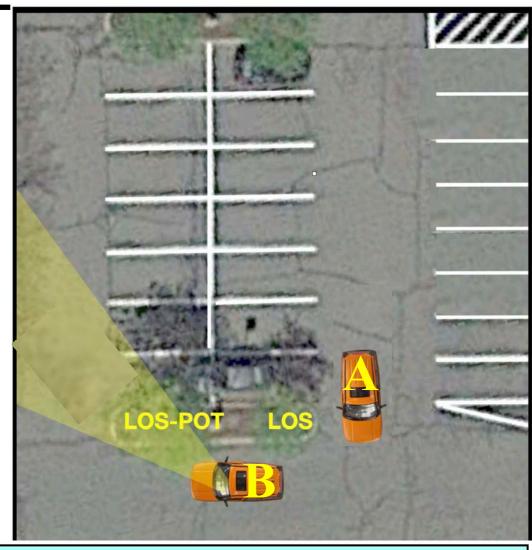
1. It is used as a brake pedal to practice releasing the pitch forces gradually to make smooth stops. 2. Release braking pitch force slowly during the last two seconds of the braking action to prevent the car from bouncing up. 3. Look ahead to avoid looking at the foot. 4. Release the brake and let the idle speed get the vehicle in motion before applying acceleration.

36 Driving MIND Silver Level

Staggered, Legal, Safety Stops

You're the driver of the SUV practicing in a parking lot. Both vehicles A and B are stopped.

- 1. What two positions is Vehicle A stopped at?
- **2.** What position is **Vehicle B** stopped at. What type of search is being made?
- **3. What are the benefits** of being prepared to make a Staggered Stop when approaching an LOS-POT Blockage?
- **4.** What does LOS-POT represent?



Responses 36:

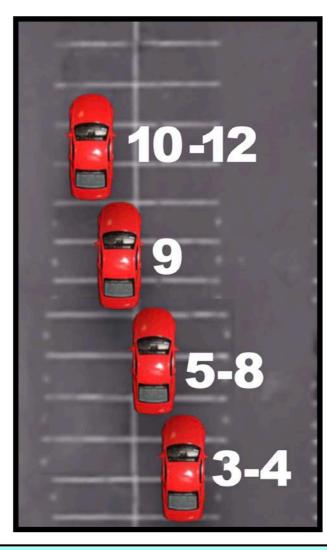
1. With the front of Vehicle A even with the curb line vehicle A is at the Safety Stop Position and this position is also the Forward Reference Point for making a right turn. 2. Staggered stop. A 45° Search is made. 3. Prevents turning vehicles from impacting our vehicle. It makes space for large vehicles to turn. 4. LOS-POT means Line-Of-Sight, Path-Of-Travel.

40 Driving MINDEvaluations

Silver Level

Precision Lane Change

- **1.** Look at the photo and pretend you are the driver getting ready to make a lane change. What actions would you take at 3 and 4?
- **2.** What LP is the car in at #5?
- 3. Demonstrate how to make a Blind Spot check.
- **4.** As you're in LP2 ready to enter your gap, how do you manage speed?
- **5.** Explain the actions to take at steps 10-12.
- **6.** Start the vehicle. Move into LP1. And demonstrate each step of the lane change.



View the Guide for Responses #1, 2 and 5.

- 1. Why Change?
- 2. Check Other Lanes
- 3. Mirror Checks
- 4. Signal For Communication
- 5. Move To LP 2 or LP 3
- 6. Check Blind Spot
- 7. Time Arrival Open Side Zones
- 8. Increase Speed If Needed
- 9. Enter LP 2 or LP 3
- 10. Release Signal Light Lever
- 11. Mirror Check
- 12. Best Lane Position

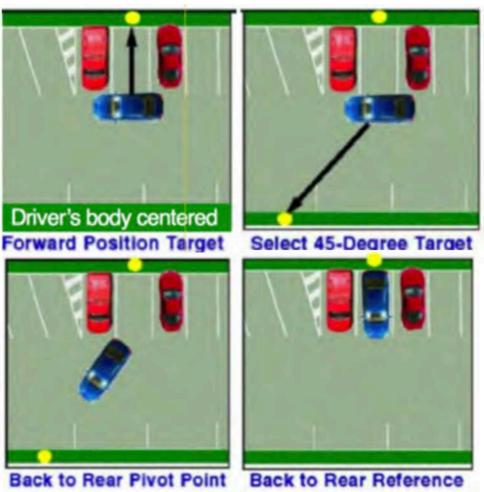
Responses for 40:

3. View the mirror with your head forward and slightly away. **4.** Increase Speed. **6.** Use the Guide to evaluate each step. Because this is a Silver Level activity, you will be expected to demonstrate all actions listed on the guide while behind-the-wheel.



You are to use a parking lot with perpendicular spaces.
You will be asked to locate a parking space and back into it.





You will be asked to perform each of these actions.

- 1. Side Position
- 2. Forward Position
- 3. Select 45-Degree Target
- 4. Creep Turn Wheel Fast
- Use The Least Forward
- Line Up Car With Space
- Shift To Reverse
- Back To Rear Pivot Point
- 9. Inch Turn Wheel Fast
- Get Car Straight In Space
- Inch Straighten Tires
- Back To Rear Reference

How do you Rate Yourself?



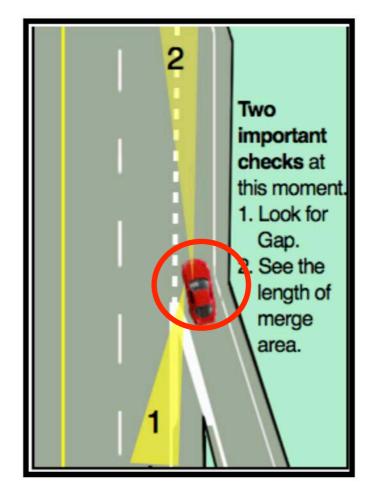
Entering/Exiting Freeways in a Parking Lot

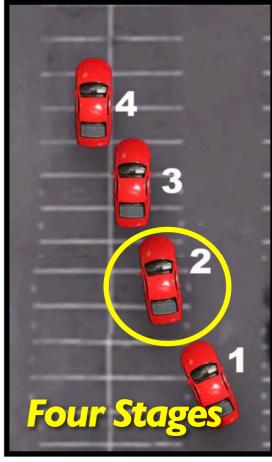
Look at the photo and pretend you are the driver getting ready to enter a Freeway. Position 2 represents the search to see the acceleration lane you have to use.

1. Explain why the two searches at this moment are needed.

You will be asked to demonstrate and explain the use of these four stages.

- 1. On the Entrance Ramp
- 2. Entering the Acceleration Lane
- 3. On the Acceleration Lane
- 4. Entering the Travel Lane





Responses for 44:

1. See the length of the acceleration lane you have available. And, search to the rear for a gap or hole to enter. These two searches will determine the speed to use on the acceleration lane to time an opening to enter.

45 Driving MIND Gold Level

Selective Attention Matrix - On Street

A Driver Wellness Coach performing an on-street evaluation and coaching session will ask you to: "Take a look at the image of SAM. During our drive today, you will be expected to tell me when you see a change in conditions that requires a "Slow" speed control. Then, say what it is that creates the slow condition and response to it. Also, tell me when you find oncoming vehicles in LP2."

Response: When correct actions are taken, you will receive positive feedback. When wrong actions are taken you will be coached.

Search A Zone for "Go" or "Slow" and for LP2



How do you Rate Yourself?

46 Driving MIND Gold Level

LOS-POT Blockages, Critical Seconds 45° Search

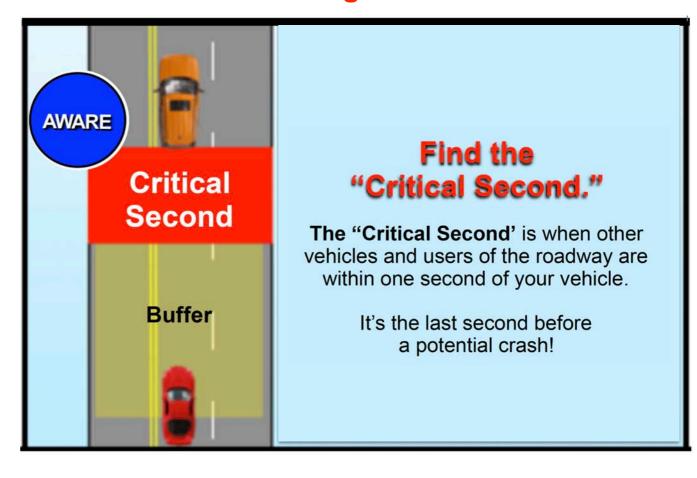
A Driver Wellness Coach performing an on-street evaluation and coaching session will ask you to:

"Take a look at the image of "Critical Seconds."

During our drive today in addition to searching the A Zone for "slow" conditions and LP2's, you will search the B and C Zones for LOS-POT Blockages and Critical Seconds. Tell me when you find a B or C Blockage Critical Second and identify when it is an "Unstable Critical Second." Take the best speed and LP to control it."

Response: When correct actions are taken, you will receive positive feedback. When wrong actions are taken you will be coached.

Find LOS-POT Blockage with Critical Seconds





Detect and Control 4-Second Danger Zone

A Driver Wellness Coach performing an on-street evaluation and coaching session will ask you to:

"Take a look at the image showing the Find, Solve, Control of the 4-Second Danger Zone. Tell me when you find a Critical Second and a LOS-POT Blockage. Take the best actions to control the 4-Second Danger Zone."

Response: When correct actions are taken, you will receive positive feedback. When wrong actions are taken you will be coached.

The "Critical Second"— when you are within one second of others!



- 1. FIND: Critical Second in the A Zone Window (Target Area)
- 2. SOLVE: Critical Second Before Reaching the Danger Zone
 - Detect LOS-POT Blockage
 - Get Best Speed Control, LP, Communication
- 3. CONTROL: 4-Second Danger Zone
 - Separation, Speed Control, LP, Communication



Precision Turns - Crossing Traffic Flows

A Driver Wellness Coach performing an on-street evaluation and coaching session will ask you to:

1. "At the next intersection, make a right turn," (or it may be a left turn)

You will be asked: 2. What is the condition of your rear zone? Response: You should state one of these: "Open, Closed, Unstable"

Coach will observe: 3. Side Position Reference Point.

You will be asked: 8. Where is the Gap or Hole that you will enter? Response: There should be no hesitation with the response made, and it should be correct.

Coach will observe: 4. An increase in acceleration exactly at the Tpeg.

Before Turning

- 1. Use of Signals
- 2. Mirror Blind Spot Check
- 3. Side Position Reference Point
- 4. Speed Control Brake
- 5. Smooth Legal Stop
- 6. Forward Position Reference Pt
- 7. Select Target
- 8. Search L-F-R for Gap or Hole
- 9. Get Commitment

During Turn Entering Traffic Flow

- 1. Avoid Hesitation
- 2. Look Into Turns, Target
- 3. Speed and Steering Control
- 4. Accelerate at Transition Peg
- 5. Controlled On Target Accuracy

After Entering Traffic Flow

- 1. Precision Turn Results
- 2. Re-evaluate Rear Zone
- 3. Evaluate A-Zone LOS-POTs



Detect and Control 4-Second Danger Zone

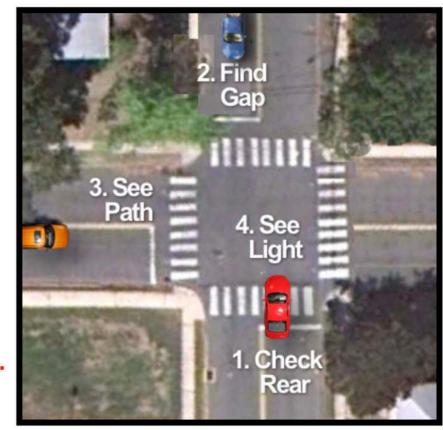
A Driver Wellness Coach performing an on-street evaluation and coaching session will ask you to:

"Take a look at the image showing the Four Searches to Make when stopped for a Green light while attempting to make a left turn. I will ask you to tell me the searches you are making and what conditions you find for each search."

Response: When correct actions are taken, you will receive positive feedback. When wrong actions are taken you will be coached.

- 1. Check Rear
- 2. Find Gap
- 3. See Path
- 4. See Light

Know condition of traffic from right.





Approaching Curves - Control "Slide" Space

A Driver Wellness Coach performing an on-street evaluation and coaching session will ask you to:

With a Curve Ahead: 1. "What is the purpose of using "Slide Space?" Demonstrate how to use it."

Response: To get speed under control before entering the apex of the curve. To demonstrate, the brake is applied to feel the tire's contact with the road.

2. "What is the purpose of seeing 4 Seconds of Road?"

Response: To judge a correct speed on approach. If you cannot see at least 4-seconds of road ahead, speed is too fast.

Coach will observe: 3. Your eyes looking into curve.

You will be asked upon exiting the curve: 4. "What is the condition of your target area."

Response: There should be no hesitation in stating the correct condition.

Approaching Curves

- 1. See Curve In Target Area
- 2. Check Rear Zone
- 3. Test Tire-Road Grip "slide space"
- 4. See A Left or Right Curve
- 5. See 4 Seconds of Road
- 6. Get Best Speed Control
- 7. Look For Cars/Get LP
- 8. See LOS-POT at Apex
- 9. Look Into Curve For POT
- 10. Evaluate New Target Area
- 11. Evaluate Targeting Path

54 Driving MINDEvaluations

Gold Level

Intersections - Roundabouts

Coach will observe, while approaching an intersection

1. If the rear zone was checked and the correct lane positioning is taken.

Coach will say:

2. "Demonstrate and explain how to effectively search this intersection."

Response: Search Left, Front, and Right Zones from Best to Worst views. Make a 45° search at the worst LOS.



Approaching Intersections

- 1. See Inter. In Target Area
- 2. Check The Rear Zone
- 3. Select Best Lane/Position
- 4. Search Left, Front, Right
- 5. Speed Control For LOS
- 6. Point-Of-No-Return

Approaching Roundabouts

- 1. See Roundabout In Target Area
- Decide which exit to take
- 3. Yield to left, enter to right
- 4. Be alert to others entering
- 5. For multiple lanes, enter inside
- 6. To exit, lane change to outside
- 7. Use signal light
- Use outside mirror
- 9. Look into exiting path

