



You will have your *Notebook*, which contains activities and quizzes for use in the classroom and activities for coaching in-car successful performance. Here is an optional classroom quiz for Set 1 that you can have teens perform.

### **Directions for Conducting Ten Habit Book Classroom Quiz**

1. Assign teens to read the Introduction & Habit 10 of the ***Ten Habits Zone Control*** book at home. This Introduction provides the beginning of teens using the language of Zone Control. Some teens learn better by reading the information as compared to only doing the activities.
2. Wait two or three days after students were given the assignment.
3. In Class: Provide students with the quiz sheet.
4. Allow students time to individually respond to the questions.
5. After all questions are completed, have students exchange papers.
6. Have students correcting the paper write their name on the "Corrected by" line.
7. Read the answers from your KEY. If possible project the Ten Habit page for added discussion. You may want to embellish the correct actions with examples from the eCoach program.
8. Have students place an X on the number of the question if it was a wrong answer. When more than one response per question, place an X for each wrong response.
9. Have students place 5 points for each correct answer, or the percentage of 5 points for partially correct answers.
10. Have students add up the points and place that number on the Score line.
11. Students return answer sheet to the owner.
12. Collect the papers and record the scores for your record.



Q1. Is this statement true or false? The driver may do something that is not safe, but nothing happens. The driver gets positive feedback for wrongful behavior. ( True **X** False \_\_\_\_\_ )

Q2. Check-off which of the below categories are causes of crashes: **SEE PAGE 1**  
**X** A. The driver failed to have situational awareness to detect the potential crash.  
**X** B. The limitation of the vehicle’s traction control was exceeded.  
**X** C. The driver failed to effectively use the vehicle’s controls.  
**X** D. The driver failed to detect and correct for others’ wrongful actions.  
**X** E. The driver performed a willful act of endangerment to oneself and others.

Q3. Is this statement true or false? When the car goes out of control it’s because a major change to the driver’s path-of-travel occurred. ( True \_\_\_\_\_ False **X SEE PAGE 1**

Q4. Fill in the blanks: Two skills that all drivers must have command of are **VISION** control and **TRACTION** control.

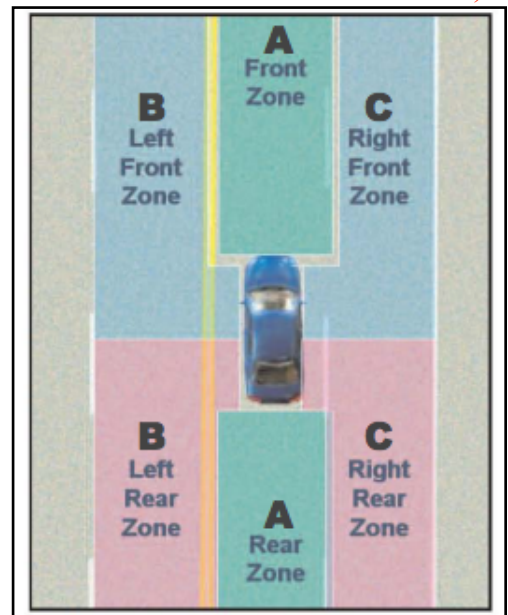
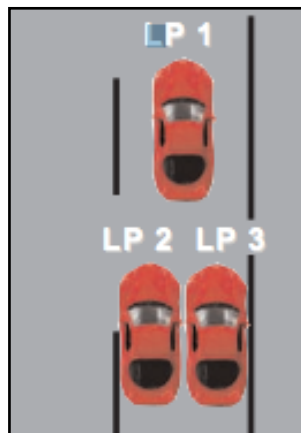
Q5. What was the subject of the photo you were asked to identify? **COW’S HEAD**

Q6. What does LOS-POT mean? **LINE OF SIGHT, PATH OF TRAVEL**

Q7. Give two examples of LOS-POTs. **SEE PAGE 2 (PLUS 100’S OF OTHER EXAMPLES)**

Q8. Print the correct letter to identify each of the six zones.

Q9. Print the correct LP number for each of the three positions.



Q10. There are three things you can do with a vehicle to control it: make a choice in **SPEED CONTROL** make a choice in **LANE POSITION** and send or receive **COMMUNICATION (PAGE 4)**

Q11. Using the language of Zone Control a red traffic light is a **CLOSED** front Zone. **PAGE 4**

Q12. According to the Zone Control principles: “Check the **REAR** zone before, during, and after braking.” **PAGE 5**

Q13. Is this statement true or false? There are only a few principles but they apply to thousands of situations. Therefore, the same sequence of actions is repeated over and over, which leads to effective Zone Control habit development. ( True **X** False \_\_\_\_\_ ) **PAGE 5**

Q14. Risk factors are generated by the **VEHICLE** , the **DRIVER**, and the **ROADWAY-ENVIRONMENT**. **PAGE 6**

Q15. List nine risk factors, three from each of the three categories from **SEE PAGES 11, 12, 13 (YOU MAY WANT TO PRINT COPIES OF THESE THREE PAGES FOR USE IN THE CLASSROOM.)** \_\_\_\_\_

Q16. Is this statement true or false? When we attempt to change a bad habit there is an internal resistance that acts like a monster telling us to keep the old habit. ( True **X** False \_\_\_\_\_ ) **PAGE 6**

Q17. Is this statement true or false? We can control the effect the vehicle in front of us will have upon our actions by always paying 100% attention regardless of our following distance. ( True \_\_\_\_\_ False **X** ) **PAGE 8**

Q18. Which of the following actions are those of a Psychological Time Bomb?

**X**— A. Driver becomes enraged by the actions other drivers take.

**X** \_ B. When angry the driver takes hostile, retaliatory actions.

**X** \_ C. The driver applies the brakes forcefully to get a tailgater to backoff.

\_\_\_\_\_ D. The driver, while stopped, taps the brake lights to alert the fast approaching vehicle.

Q19. If a car that was traveling at the speed limit, in the left lane, moves into the right lane and slows down, you can expect that car to \_\_\_ **STOP** or make a **RIGHT TURN** **PAGE 10**

Q20. There is an oncoming car stopped, waiting to make a left turn; there are a number of cars to your rear. To be courteous and to reduce your risk, you can reduce speed to open your gap to **5 OR 6** seconds for him to turn, which gets rid of the closed left-front LOS. **PAGE 10**

Q21. Bonus Question: What three words describes an action that will eliminate almost every crash when a driver performs it all the time? \_ **SHARE THE ROAD**



# Ten Habits Book QUIZ: Intro Section

Score \_\_\_\_\_

Name \_\_\_\_\_

Corrected by: \_\_\_\_\_

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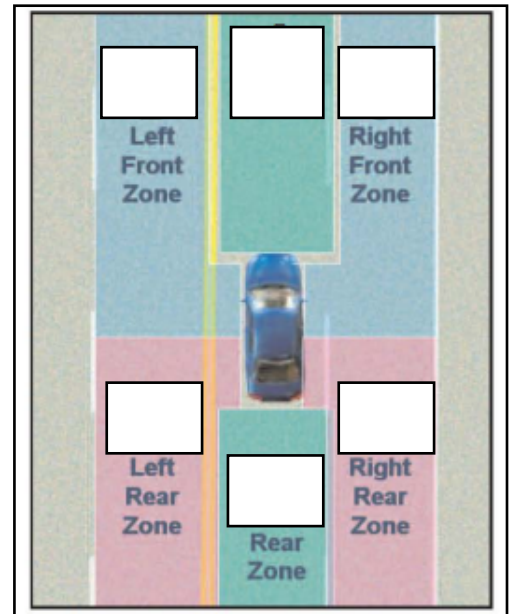
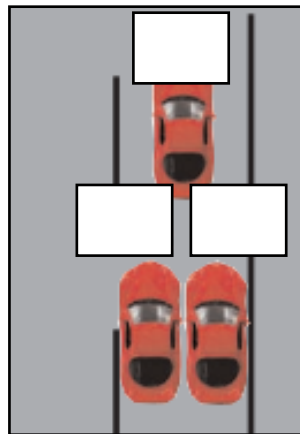
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