

*Family Wellness Training* to Prevent Crashes!  
**Shawn Bradley, Former NBA Player,  
Involved in Car/Van Collision  
While Riding His Bicycle**

While riding his custom-built bike a few blocks from his home, Bradley was involved in a collision with a Dodge van, leaving him paralyzed.

He was passing a parked car and was being passed by a Dodge van to his left. The driver of the Dodge van said that she “saw Bradley and passed him while driving about 10 mph, giving him plenty of room.” Bradley, interviewed at the hospital the day after the crash, told police he “saw the parked car on the road and was in the process of passing it when a vehicle approaching from the rear made contact with him and sent him into the parked car.” At the time of this report the crash is still under investigation.



According to a statement from the Mavericks, Bradley said he plans to use his accident as a platform to bring greater public awareness to the importance of bicycle safety.

**Note:** Drivers and bicyclists, with *Family Wellness Training*, learn many ways to **Share the Road** to avoid colliding with each other. *Family Wellness Training* encourages all family members to learn Zone Control Strategies and Principles and practice them into habits. Drivers—as well as bicyclists—learn how to manage space and control the “critical second” before a potential crash. Bradley and the driver of the Dodge van never had the opportunity to acquire Zone Control strategies into habits to manage the critical second created by the parked vehicle.

*The “critical second” is when you are within one second of other vehicles and users of the roadway.* All family members, young and old, can acquire habits as pedestrians, bicyclists, drivers, and as co-drivers, to be in control of critical seconds.

*Family Wellness Training* provides standards of expert performance for Sharing the Road with kindness and courtesy.

For Information about Family Wellness Training go to:  
[NIDB.org](http://NIDB.org)