Structure and Benefits of The Driving MIND System for VDTSEA

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- Teens are provided with the Driving MIND Pocket Coach and informed that they should be able to explain and demonstrate all of the actions and strategies that are listed on page 2 of the Pocket Coach. (See page 2)
- 2. Suggestions are made to parents that they should be able to learn the actions and strategies along with the teens. (*The eCoach contains messages for parents.*)
- 3. Teens are evaluated throughout the Driver Wellness Training on how they are accomplishing the actions and strategies into habits. *(See page ii)*
- 4. Teens are required to be able to explain and demonstrate a number of actions before they qualify for the first in-car session. *(See page 5)*
- 5. The Driver Wellness Coach (formerly called Driver educators) has a chart for teens to record the progress they make.
- 6. The first two in-car sessions only take place in a parking lot where teens are able to perfect vision and car control skills to detect and correct skids, to master timing for use of transition pegs, and to make precision turns, among other car control skills.
- Driver Wellness Coaches will be able to acquire skills to use the ECCCR process to evaluate and coach the teens for successful performance. Each teen is able to achieve 100% successful performance on all Zone Control Actions. (See page 94)
- 8. Teens are expected during the Driver Wellness Training to practice actions from the Pocket Coach while being a pedestrian and while being a co-driver. *(See pages 12-15)*
- 9. Parents are informed that during many stages of the training it is more important for teens to get co-driver practice rather than behind-the-wheel. For example, learning how to effectively evaluate the Rear Zone, the teen could have a Co-Driver Rearview Mirror and be able to spend 100% attention evaluating whether the rear zone is open, closed, or unstable. And, be able to classify a tailgater as a "charger," a "one pacer," or a "habitual tailgater." (See page 78)
- 10. A Driver Wellness Coach is able to sell a Co-Driver Rearview Mirror to the parents. NIDB will provide a supply of the mirrors to a Driver Wellness Coach for \$5 each, they are sold on the NIDB site for \$10. A Driver Wellness Coach can earn extra money and provide a much needed practice opportunity for teens and parents on Rear Zone Control habits.
- 11. It is recommended that parents have their teens' habits evaluated by a Driver Wellness Coach two months and four months after the teen is licensed. *(See page 147 and the following page)*

- 12. An online schedule of dates and hours of a Driver Wellness Coach's availability to perform an evaluation can be posted on VDTSEA's website, or on NIDB's website.
- 13. It is recommended that parents and teens attend a Skid Monster Evaluation Center, if one is available, to test their car control habits.
- 14. Being that 84% of all crashes are caused by adult drivers, the Driving MIND System can become an effective avenue to provide parents and other adults in the family with an opportunity to use the Driving MIND Pocket Coach to improve their driving habits.
- 15. The Driving MIND eCoach provides experiences that build attitudes of willingness to be kind, considerate, responsible, courteous, stress-free, efficient, smooth and crash-free drivers.
- 16. Families members are encouraged to learn and practice actions and procedures that give them better control of situations. Perhaps it's learning how to prevent and control skid conditions. Perhaps it's learning how to avoid crashes at merge areas on the highway. Perhaps it's learning how to keep control of separation space. Perhaps it's learning how to use mirrors and back-up cameras to back into a parking space.
- 17. When family members discover the value of learning from the Driving MIND eCoach and practicing with the Pocket Coach they are suggested to "pay it forward" by offering the program to friends and relatives who they believe it could benefit.
- 18. VDTSEA members can offer to siblings in their teens' family who will become of licensing age free use of the eCoach, and a discounted price for an additional Driving MIND Pocket Coach. This will not only provide the Driver Wellness Coach with future students, but it will also increase the quality of a teen's performance.
- 19. The Driver Wellness Coach is able to earn extra income and develop a source of new students by marketing the Driving MIND System to cities, towns, and corporations, to make the program available for their employees families, which will reduce on the job and off the job crashes and expose more families with teens to the Driving MIND System.
- 20. NIDB will grant licensing rights to VDTSEA to have a customized version of the Driving MIND eCoach that will be hosted on <u>NIDBcollege.org</u>. VDTSEA will be able to have messages placed on the site that are pertinent to Vermont drivers.
- VDTSEA will be able to offer teens a college education on how to develop lifelong Awareness, Space Management, and Car Control habits unlike any other opportunity in the world.
- 22. VDTSEA will be able to offer to Driver Wellness Coaches free use of the Driving MIND eCoach. And, for Driver Wellness Coaches who want their own group, NIDB will provide Enrollment Keys for \$60. VDTSEA will receive \$20 off the \$60 that can be used to support administering the program.

- 23. VDTSEA members will be able to receive a 20% discount on the purchase of the Pocket Coaches.
- 24. From this day until August 31, 2020, NIDB will continue to build activities into the Driving MIND eCoach and make revisions to the Pocket Coach. We will look forward to VDTSEA members making contributions to in-car and classroom activities.
- 25. In June or July, after getting some experience using the Driving MIND System, VDTSEA may see how they can work with the DMV to make the Pocket Coach available to all applicants for a driving permit.
- 26. VDTSEA can work with License Examiners to begin incorporating evaluations from the Pocket Coach. Teens can be told to expect to explain and demonstrate any of the pages that they placed a checkmark in the lower circle. *(See page 5)*
- 27. The Driving MIND System can be used as a prerequisite for any person who wants to become a driving instructor. They will go through the program the same way that teens and family members do. They could accomplish experience and practice the activities at their own pace. They could take no less than four months to complete the required actions and maneuvers. VDTSEA would charge them a fee and be responsible for monitoring their performance.
- 28. VDTSEA can demonstrate to the Vermont Highway Safety Alliance how the Driving MIND System can exceed the goals established by the Vermont Strategic Highway Safety Plan. (See the document)
- 29. We will partner with insurance companies to provide discounts to families who complete the Driving MIND activities and the exiting test.
- 30. I would like to get as many Vermont educators to fit the Driving MIND System into their current program during the next six months. The Driving MIND eCoach can be offered free, and the Pocket Coach will cost \$6. If teachers cannot afford the \$6 they can email <u>ProfMottola@NIDB.org</u> and request special pricing.
- 31. There will be a need for Driver Wellness Coaches and Skid Monster Coaches for the future teens and parents, and for drivers from corporations.
- 32. On July1, 2020 NIDB will list on their website the names of the Driver Wellness Coaches who have qualified. To qualify one needs to complete the Driver MIND eCoach and take the exiting test.