## The Driving MIND Systems is able to train teens and parents to acquire the Ten Habits of Zone Control to reduce crash potential by implementing the following changes to a driver education program:

- 1. The *Driving MIND System* defines a clear set of actions and strategies that teens are expected to learn, practice, and master into habits while being a pedestrian, co-driver, and a driver. *(See the Driving MIND Pocket Coach, page 2).*
- 2. Teens are given the responsibility to learn Zone Control Actions for Awareness, Space Management, and Car Control to find, solve, and control the "Critical Seconds." *(See page 4)*.
- 3. The "Critical Second' is when other vehicles and users of the roadway are within one-second of your vehicle. It's the last second before a potential crash! *(See page 10).*
- 4. By setting a goal to manage the "critical seconds" every driving day there are many opportunities to consciously practice finding and solving them with the best speed selection, lane positioning, and communication. *(See Level 3 on page ii).*
- 5. Teens are prepared mentally to explain and demonstrate the driving actions and maneuvers of each of the ten in-car lessons before performing the lesson in the vehicle. *(See pages 6 to 50).*
- 6. The first two in-car lessons only take place in a parking lot to best provide teens with repetitions at a "slow-motion" pace for the conscious mind to understand each action allowing for 100% successful performance. (*See pages 96 to 116*).
- 7. Driver educators' can become Driver Wellness Coaches who are able to use the ECCCR Process to help teens and parents to maintain a healthy attitude of kindness and courtesy to willingly share the road with others. *(See pages i, 90 and 94)*
- 8. The *Driving MIND System* creates a new model that defines GDL practice. Teens and parents are encouraged to continue using the *DrivingMIND* e*Coach* and the *Pocket Coach* after driver licensing to build the Zone Control Actions into habits.
- 9. Parents are encouraged to have a Driving MIND Wellness coach evaluate the teens' habits two and four months after licensing. *(See page 147 and the following page, which is wrongly numbered.)*
- 10. It is a goal of NIDB to make Skid Monster Evaluation Centers available for teens and parents to test their Zone Control and Car Control habits.
- 11. Driver educators can learn how to become a Driver Wellness Coach by using the Driving MIND System with their own family members as well as use it with their student drivers.
- 12. The *Driving MIND System* can be used as a prerequisite for any person who wants to become a driving instructor. They use the program the same way that teens and family members do.
- 13. The Department of Motor Vehicle's teacher compliance officer is able to evaluate the effectiveness of a *Driver Wellness Coach* by viewing the teens' rating marked in the *Pocket Coach* and asking teens to explain and demonstrate any of the pages that the bottom circle is checked.
- 14. The *Driving MIND System* provides teens and parents with the opportunity to decide what type of habits do they want operating their vehicles for the rest of their lives.
- 15. Most of all, there is no need to waste years until licensing exams are changed. The *Driving MIND System* can begin implementation for your teens and their families today!